

OUTDOOR TASTER PROGRAMME

WEEK	LOCATION	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
1	Your Church Grounds (or similar)	 APPLE BIRD FEEDERS Get Involved	 MEMORY GAME Get Learning	 PARACHUTE GAMES Get Active	 STICK PEOPLE Get Creative
2	Woodland / Forest	 NATURE BINGO Get Adventurous	 FOREST OBSTACLES Get Active	 WILD HEADS Get Creative	 DEN BUILDING Get Adventurous
3	Your Local Area	 A-Z SCAVENGER HUNT Get Adventurous OR  HEADS OR TAILS WALK Get Adventurous			
4	Park / Green Space	 SPORTS RACES Get Active	 LEAF DETECTIVE Get Learning	 A CROWN FOR A KING Get Into the Bible	 SNAIL RACING Get Adventurous



Some of the activities included in the Outdoor Taster Programme are part of our **Go Wild Challenge**. This is a series of activities designed to help get children and young people outdoors and adventurous, whilst working towards Bronze, Silver and Gold Awards. For more information and to take a look at all the challenges, head to <https://boys-brigade.org.uk/programme/go-wild>

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: CHURCH GROUNDS (OR SIMILAR)

Use the activities below to create a session located in your Church grounds or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Game	MEMORY GAMES (Get Learning) Put the group's memory skills to the test with a couple of memory games that use natural items such as leaves, twigs, stones, petals etc. Can the group remember which items they have seen, helping to spot the missing object or find the matching pair?	- Go Wild: Memory Games - https://boys-brigade.org.uk/go-wild/memory-games - Nature Items (Leaves, stones, seeds, berries, twigs, petals etc) - depending on the area you are using, these may need to be collected beforehand by a leader
Activity	APPLE BIRD FEEDERS (Get Involved) Help look after the birds in your local area by creating a birdfeeder from a few simple items - perfect to hang from a tree and watch as the birds come to visit.	- Go Wild: Apple Bird Feeders - https://boys-brigade.org.uk/go-wild/apple-bird-feeders - Apples, sunflower seeds, cocktail sticks, string
Drinks & Devotions	GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.	Get into the Bible Activity (for inspiration check out 100's of 'Get Into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Game	PARACHUTE GAMES (Get Active) Parachute games are always a popular choice with children as well as helping to get them active and moving. Play your favourite parachute games as well as activities such as trying to launch balls from the parachute, creating waves and making a 'mushroom'.	Parachute
Craft	STICK PEOPLE (Get Creative) Using just a few simple craft materials, transform sticks found on the floor into stick people, characters and stick families. Children can then spend time playing with their stick people and creating stories and games with them.	- Go Wild: Stick People - https://boys-brigade.org.uk/go-wild/stick-people - Sticks & craft materials
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: WOODLAND / FOREST AREA

Use the activities below to create a session located in a woodland / forest area or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	NATURE BINGO (Get Adventurous) Make exploring the outdoors into a game, by playing Nature Bingo. There's plenty to find during this activity including spider's webs, worms, butterflies, dandelions, pine cones and more. What will your group find whilst exploring?	- Go Wild: Nature Bingo - https://boys-brigade.org.uk/go-wild/nature-bingo 'Nature Bingo' sheet & pen/pencil
Game	FOREST OBSTACLES (Get Active) Get active with nature by using what you can find in a forest / woodland area to create a fun obstacle course. Once built children can race through the obstacles to try and set the best time for their course.	- Go Wild: Forest Obstacles - https://boys-brigade.org.uk/go-wild/forest-obstacles - Forest obstacles, e.g. logs, hills, branches, trees etc
Drinks & Devotions	GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.	Get Into the Bible Activity (for inspiration check out 100's of 'Get into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Craft	WILD HEADS (Get Creative) Turn an empty head into a 'wild head', by using natural items such as leaves, petals and blossom to create some 'wild' hair. What objects will your group use to create their characters?	- Go Wild: Wild Heads - https://boys-brigade.org.uk/go-wild/wild-heads - Wild Heads template - Natural objects (leaves, grass, flowers etc) and glue
Activity	DEN BUILDING (Get Adventurous) Learn the basic survival skill of den building with just a few simple materials. Den building is a great way of encouraging creativity, teamwork and problem solving.	- Go Wild: Den Building - https://boys-brigade.org.uk/go-wild/den-building - Large tarpaulin or sheet, string / rope, clothes pegs, tent pegs
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: YOUR LOCAL AREA

Use the activities below to create a session located outdoors in your local area. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	A-Z SCAVENGER HUNT (Get Adventurous) Split into groups and give each group a piece of paper with the letters A-Z on the side. Head out into your local area in groups. Challenge the groups to find objects on a walk, one beginning with each letter - it's harder than it sounds! Groups should earn a point for every letter of the alphabet they can tick off. You could also give a bonus point if they find an item that the other groups don't. Aim to include a pocket park / play area on your walk, giving children an opportunity to have a play on the equipment half way round before carrying on the scavenger hunt. OR	- Treasure Hunt Activity Card - https://boys-brigade.org.uk/treasure-hunt-activity-card - Paper & Pens
Activity	HEADS OR TAILS WALK (Get Adventurous) Head out on a walk around your local area but instead of choosing where to go, let a coin make all the decisions. Where will you end up exploring? Will you find parts of your local area you haven't visited before, or will you just end up walking in circles? This activity is best run in small groups, allowing children plenty of opportunity to be in charge of the coin and making the decisions. Aim to include a pocket park / play area on your walk, giving children an opportunity to have a play on the equipment half way round before carrying on the heads or tails walk.	- Heads or Tails Walk - https://boys-brigade.org.uk/heads-or-tails-walk-activity-card - Coins
Drinks & Devotions	GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.	Get into the Bible Activity (for inspiration check out 100's of 'Get into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: A PARK / GREEN SPACE

Use the activities below to create a session located in a park / green space or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	LEAF DETECTIVE (Get Learning) Hunt around the park looking for different trees and the different leaves that they produce. Using a leaf ID wheel, try to identify various types of leaves. How many varieties of leaves will your group find?	- Leaf Detective Activity Card - https://boys-brigade.org.uk/leaf-detective-activity-card - Leaf Wheel (Download)
Game	SPORTS RACES (Get Active) Use the green space to get running around and competing in races. Take inspiration from school sports days by introducing classic races such as the egg and spoon, sack race, running race, skipping and more. Have some medals or certificates for the winners and turn it into a mini competition.	- Sports day equipment (e.g. egg & spoon, sacks, skipping ropes, cones etc) - Medals / certificates
Drinks & Devotions	A CROWN FOR A KING (Get Into the Bible) Create a crown from leaves and then pause to think about how Jesus is King of Kings and what that means for us. Use this opportunity for children to also have a rest and a drink.	- Go Wild: A Crown for a King - https://boys-brigade.org.uk/go-wild/a-crown-for-a-king - Cardboard, scissors, staples, leaves & other nature items, glue
Activity	SNAIL RACING (Get Adventurous) Ready, steady, GO! As a group spend some time hunting for snails in the park and then using them to have some snail races. Whose snail will slither across the finish line first? Once finished, make sure to return the snails safely to where you found them.	- Snail Racing Activity Card - https://boys-brigade.org.uk/snail-racing-activity-card - Snails & chalk (or DIY racetrack)
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	